

Untying *the* Knots:

Finding Peace
in a Culture of
Distraction

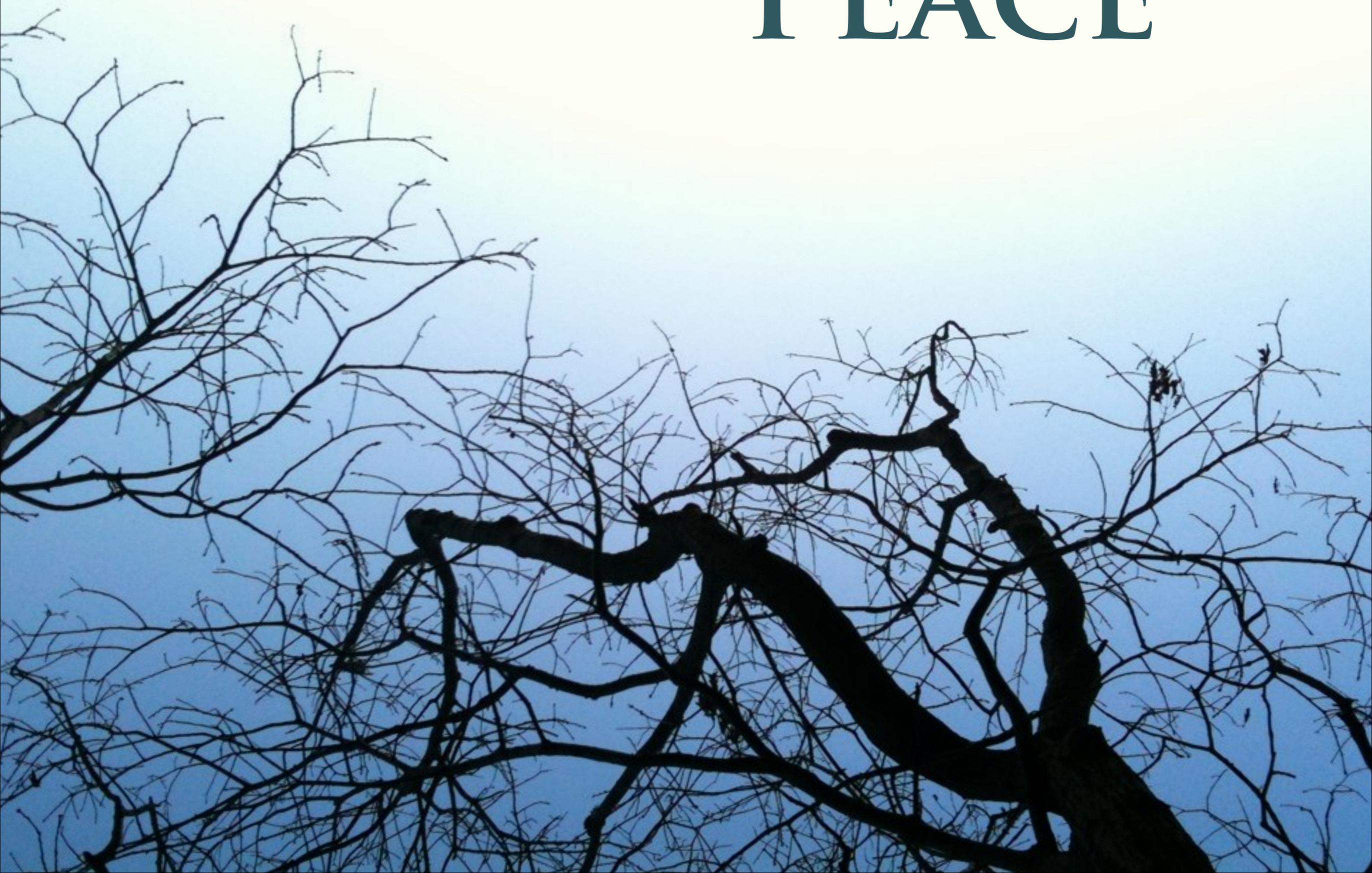




Talk 1:
Naming the Knots,
the Enemies of Peace

Talk 2:
Untangling the Knots,
Pathways to Peace

PEACE

















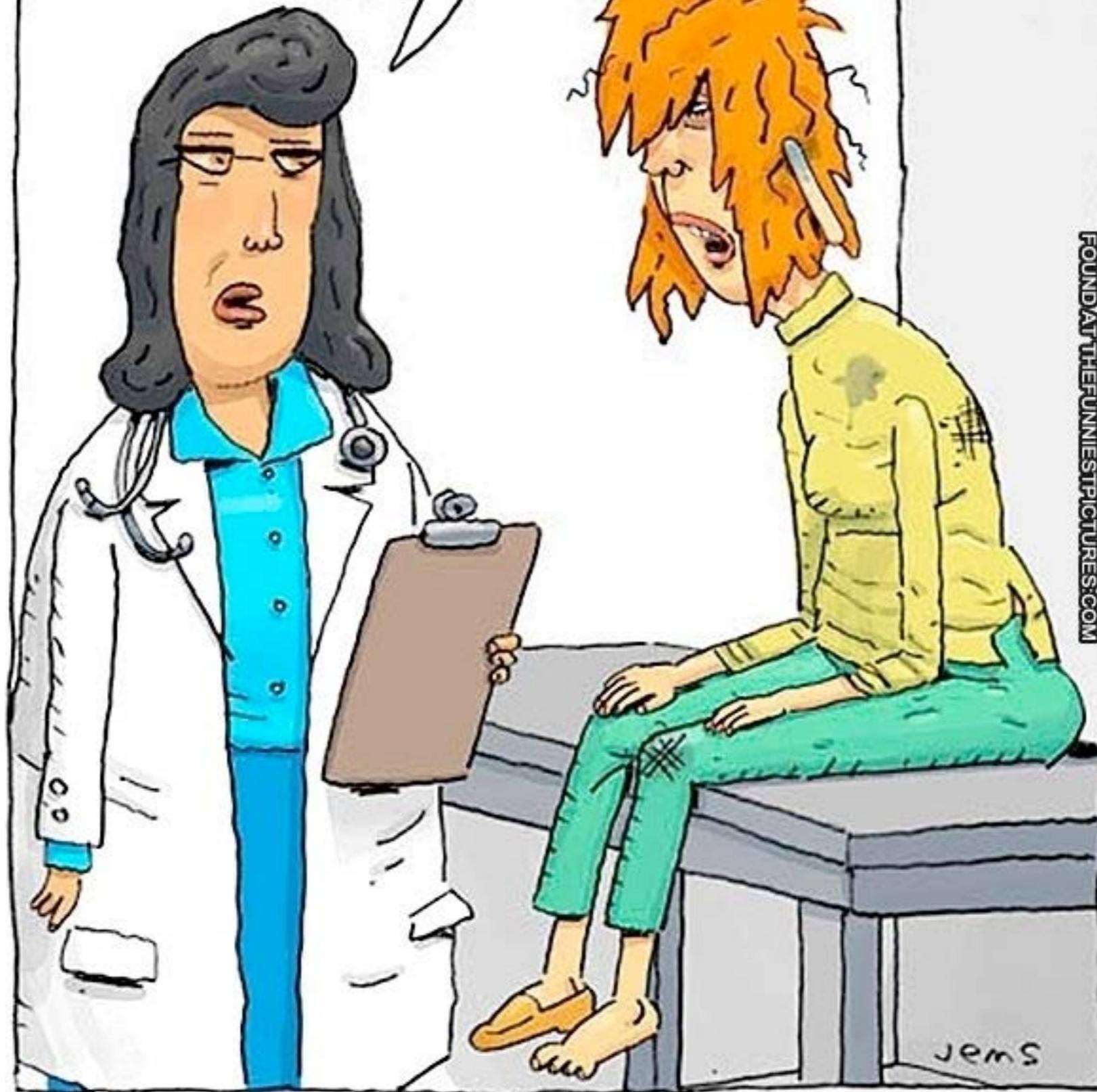








I'm afraid you have what's known as "children."



Baby Sleep Positions: "The Stalker"

1 year old



Baby Sleep Positions: "Jazz Hands"

1 year old



Baby Sleep Positions:
"H Is for Hell"

1 year old



Baby Sleep Positions:
"Booby Trap"

1 year old



Baby Sleep Positions:
"The Neck Scarf"

1 year old



Baby Sleep Positions:
"The Roundhouse Kick"

1 year old



Family as a School of Love

Love is the very process of passing over, of transformation, of stepping outside the limitations of fallen humanity... into an infinite otherness.

- Pope Benedict XVI



In the joys of their love and family life God gives spouses here on earth a foretaste of the wedding feast of the Lamb...

- Catechism, #1642



We were
created from
the very
beginning for
relationship.

Talk I:

Naming the Knots, the Enemies of Peace

- **Personal**
- **Cultural**
- **Communal**

The Personal Knot



“I’m fallin’ and I can’t get up.”

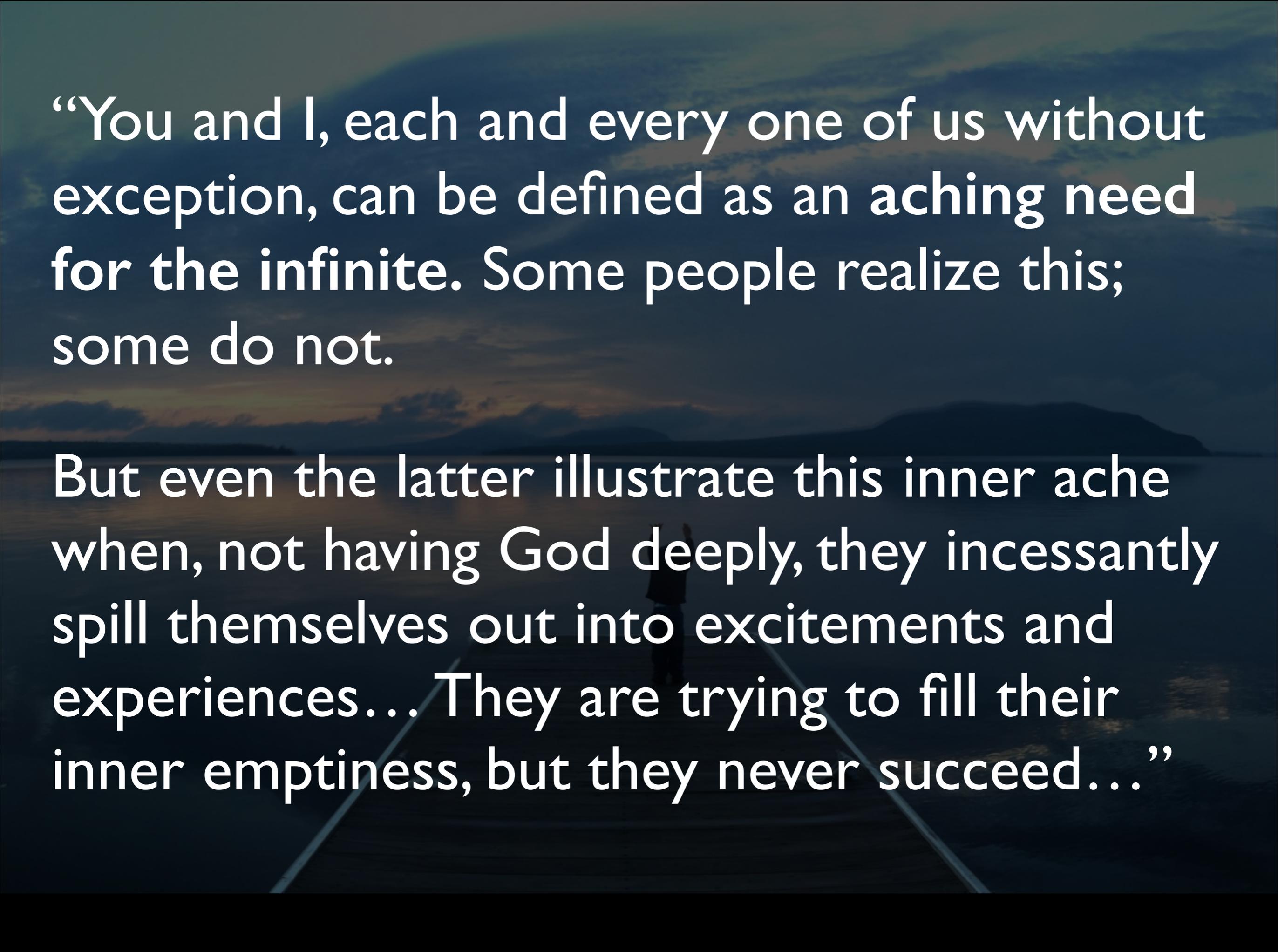




Filling the Hole in the Heart

All that we call human history - money, poverty, ambition, war, prostitution, classes, empires, slavery - [is] the long terrible story of man trying to find something other than God which will make him happy.

- C.S. Lewis

A person is standing on a beach, looking out at the ocean. The sky is a mix of blue and orange, suggesting a sunset or sunrise. The person is in the center of the frame, and their shadow is cast on the sand. The text is overlaid on the image in white, bold font.

“You and I, each and every one of us without exception, can be defined as an aching need for the infinite. Some people realize this; some do not.

But even the latter illustrate this inner ache when, not having God deeply, they incessantly spill themselves out into excitements and experiences... They are trying to fill their inner emptiness, but they never succeed...”

“If these people allow themselves a moment of reflective silence, they notice a still, small voice whispering, is this all there is?”

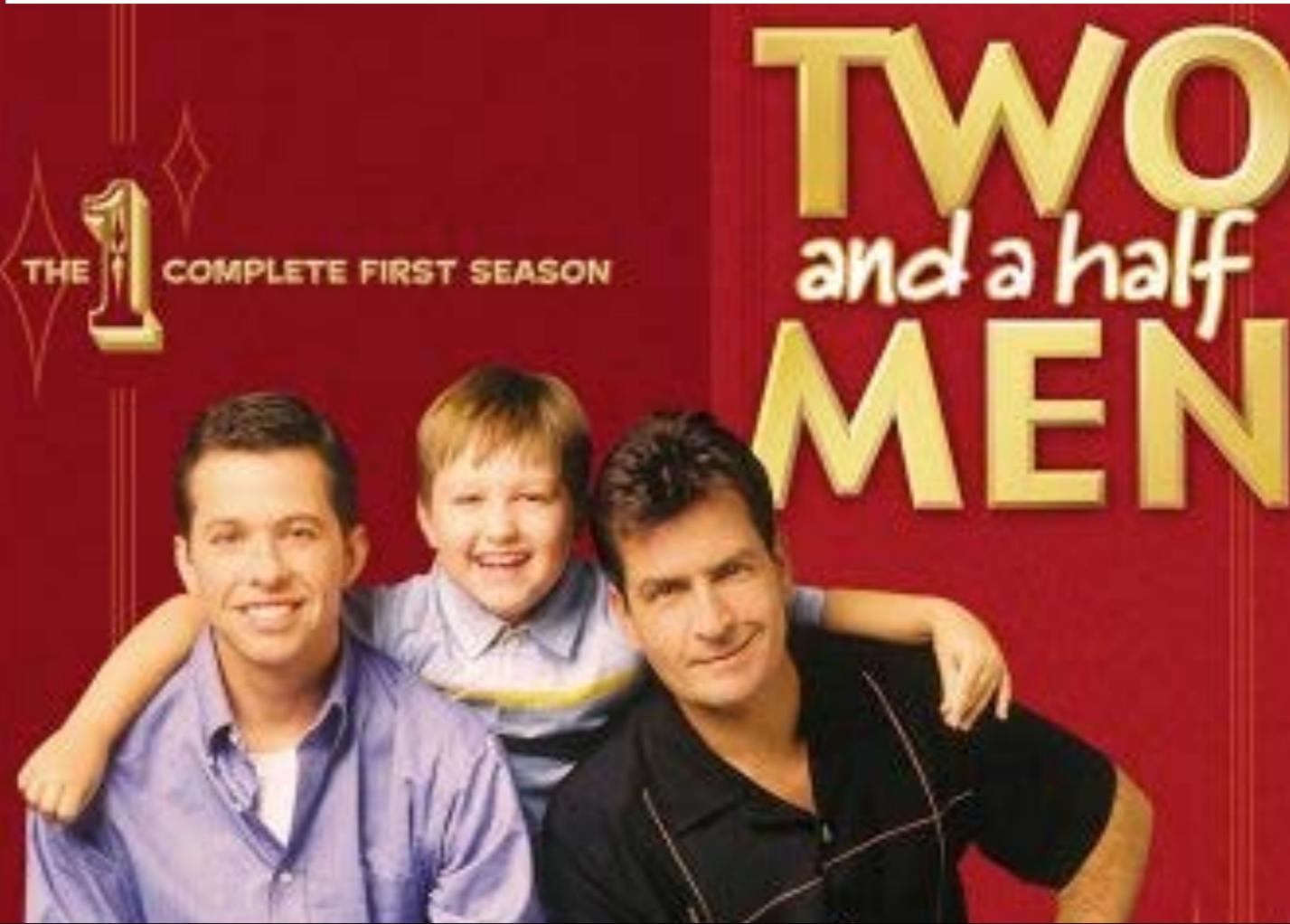
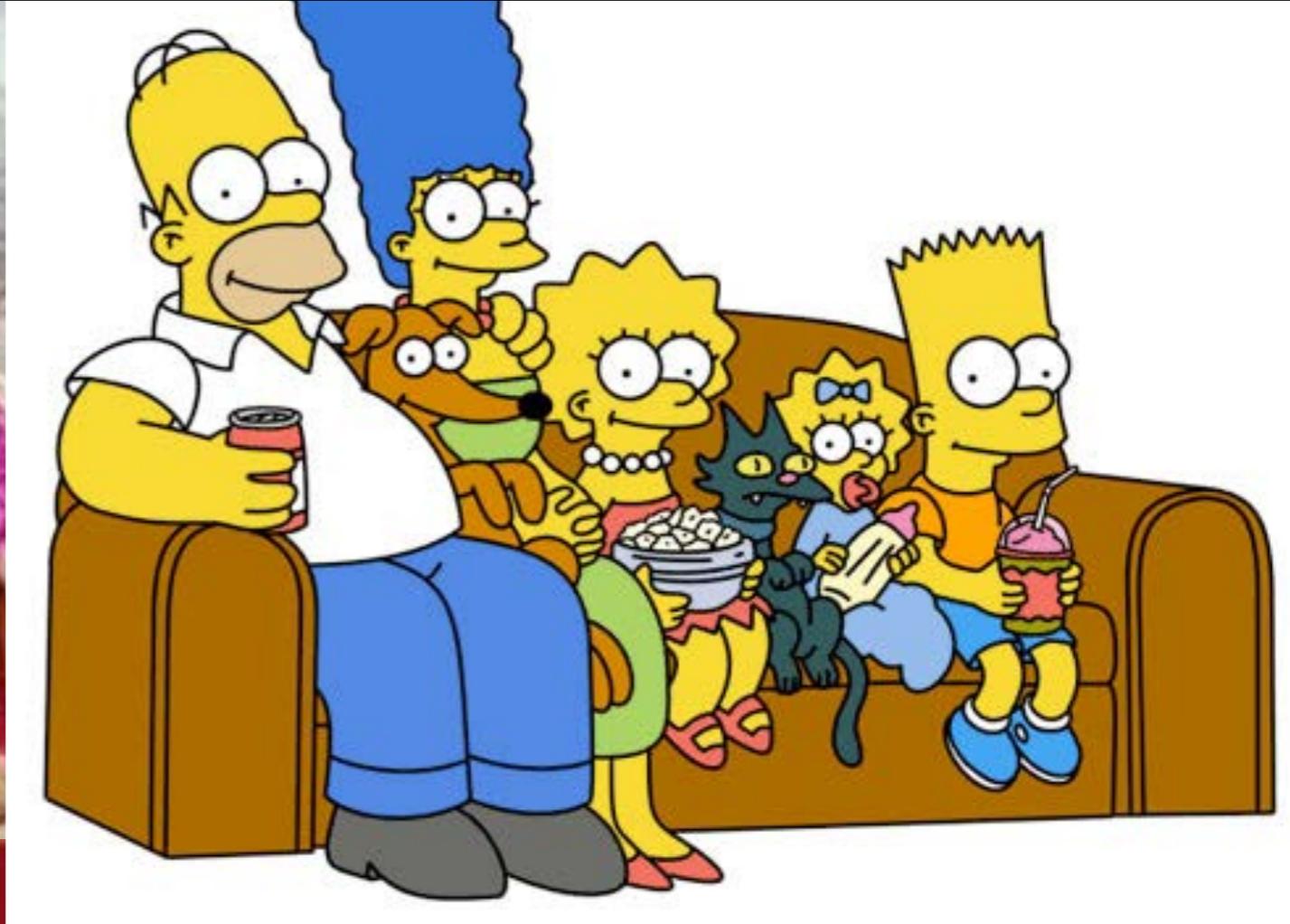
They begin to sense a thirst to love with abandon, without limit, without end, without lingering aftertastes of bitterness. In other words, their inner spirit is clamoring, even if confusedly, for unending beauty.”

- Fr. Thomas Dubay, *Evidential Power of Beauty*



The Cultural Knot







Suicide Thoughts

SUICIDE

Rape

Am I at Risk?

DATE RAPE DRUGS

- A
- Self-Protection
- Checklist

Perfectionism

BODY SIZE DIVERSITY AND ACCEPTANCE

Go Getting What You Want from Relationships

COMMITTED RELATIONSHIPS AND SCHOOL

HELP ON THE WAY

Panic Attacks

PANIC ATTACKS

Abstinence & Self-Esteem!

ABSTINENCE

Understanding and Treating Depression

DEPRESSION

SEXUAL MISCONDUCT*

What is Safe University Students Need to Know about

- SAFS
- SEXUAL ASSAULT
- SEXUAL HARASSMENT
- SEXUAL EXPLOITATION

PREVENTING MISCONDUCT

LASALLE UNIVERSITY
DIVISION OF STUDENT AFFAIRS

5 Smart Steps to Dating Safely

HEALTHY RELATIONSHIPS

5 SMART STEPS

STD Facts

Sexually Transmitted Diseases

HPV

Chlamydia • HPV • Gonorrhea • Herpes • HIV/AIDS • Syphilis • Vaginitis

HELP ON THE WAY

Anxiety

ANXIETY

Food and Feelings!

EATING PROBLEM

When eating becomes a problem



GAME OVER

PUSH TO
EXIT

Google's Homepage, Valentine's Day 2012



Facebook Update, Valentine's Day 2014

Basic Information

 Edit

Valentine's
Dining
opentable

Gender

Custom 

Gender

 Friends 

Female: "Wish her a happy birthday!"

✓ Male: "Wish him a happy birthday!"

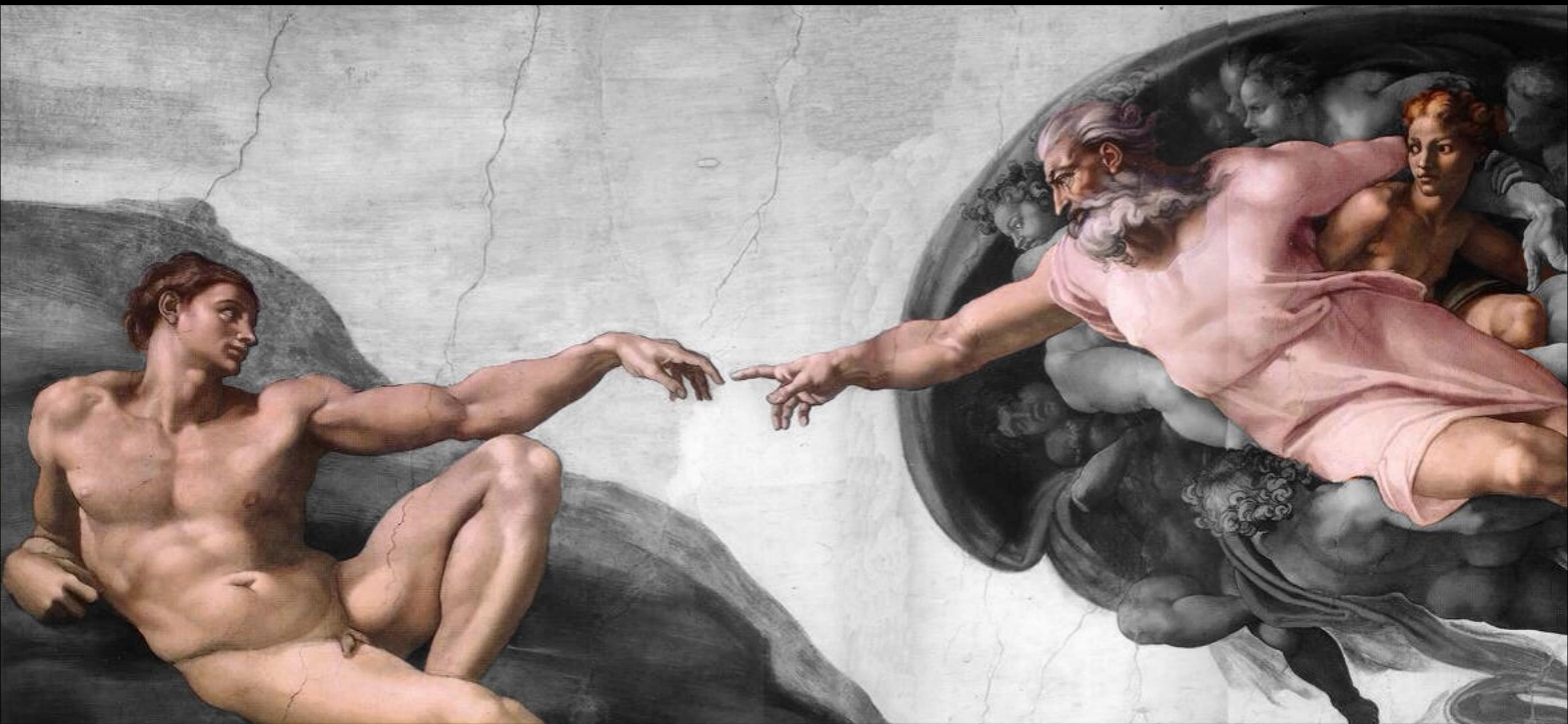
Neutral: "Wish them a happy birthday!"



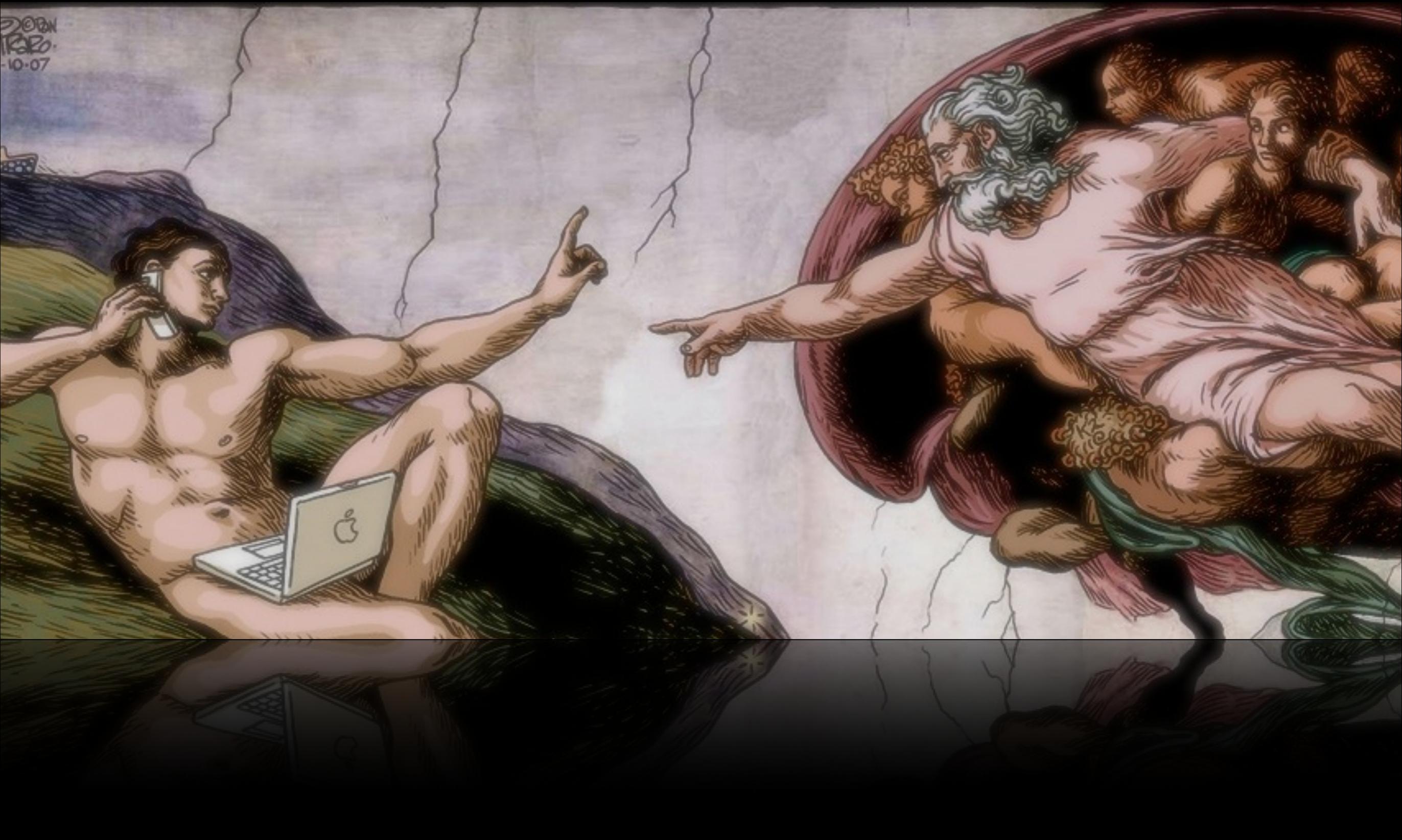
The Communal Knot



The Communal Knot



The Communal Knot







57% OF PEOPLE
TALK
MORE ONLINE

THAN THEY DO IN
REAL
LIFE



kids playing in
2012



The Explosion of Social Media



YouTube



Twitter



Facebook

YouTwitFace

Some people want their interpersonal relationships provided by sophisticated equipment, by screens and systems which can be turned on and off on command...



CONAN

Weeknights 11/10c



:20 - 2:02

“All of humanity's problems stem
from man's inability
to sit quietly in a room alone.”

- Blaise Pascal

“Meanwhile, the Gospel tells us constantly to run the risk of a face-to-face encounter with others, with their physical presence which challenges us, with their pain and their pleas, with their joy which infects us in our close and continuous interaction... The Son of God, by becoming flesh, summoned us to the *revolution of tenderness.*”

- Pope Francis, Joy of the Gospel, 88

Small Group Discussion Questions

- What struck you in the first reflection that you'd like to spend more time with?
- What things are *knots* for you in finding peace? Is your home a place of peace or distraction and restlessness? Why?
- What steps can you take to unravel these knots and be open to the gift of *peace*?

BREAK



Talk 2:

Untangling the Knots, Pathways to Peace

- **Encounter**
- **Communion**
- **Mission**



A Culture of Encounter



“The Holy Spirit can be said to possess an infinite creativity... which knows how to loosen the knots of human affairs, even the most complex...”

- Blessed John Paul II



The deepest desire of the human heart
is to see another and to be seen.

- St. Augustine

You Are What You Eat

What are we eating, as in media?

Are we guilty of digital gluttony?

We become what we behold



Theography¹⁰¹
@BillDonaghy

The Father's Look

"Holiness consists in enduring God's glance. It may appear mere passivity to withstand the look of an eye; but everyone knows how much exertion is required when this occurs in an essential encounter. Our glances mostly brush by each other indirectly, or they turn quickly away, or they give themselves not personally but only socially.

“So too do we constantly flee from God into a distance that is theoretical, rhetorical, sentimental, aesthetic, or most frequently, pious. Or we flee from him to external works...”

“And yet, the best thing would be to surrender one's naked heart to the fire of this all-penetrating glance. The heart would then itself have to catch fire...

Such enduring... would be yielding, declaring oneself beaten, capitulating, entrusting oneself, casting oneself into Him.”



“It would be childlike loving, since for children the glance of the father is not painful: with wide-open eyes they look into his. Little Thérèse - great little Thérèse - could do it. Augustine's formula on the essence of eternity: *videntem videre* - 'to look at him who is looking at you.'”

- Hans Urs Von Balthasar, *The Grain of Wheat*







To see the miraculous within
the ordinary is the mark of
highest wisdom.

- Ralph Waldo Emerson



SUPERHERO

**The Encounter leads
to Communion**

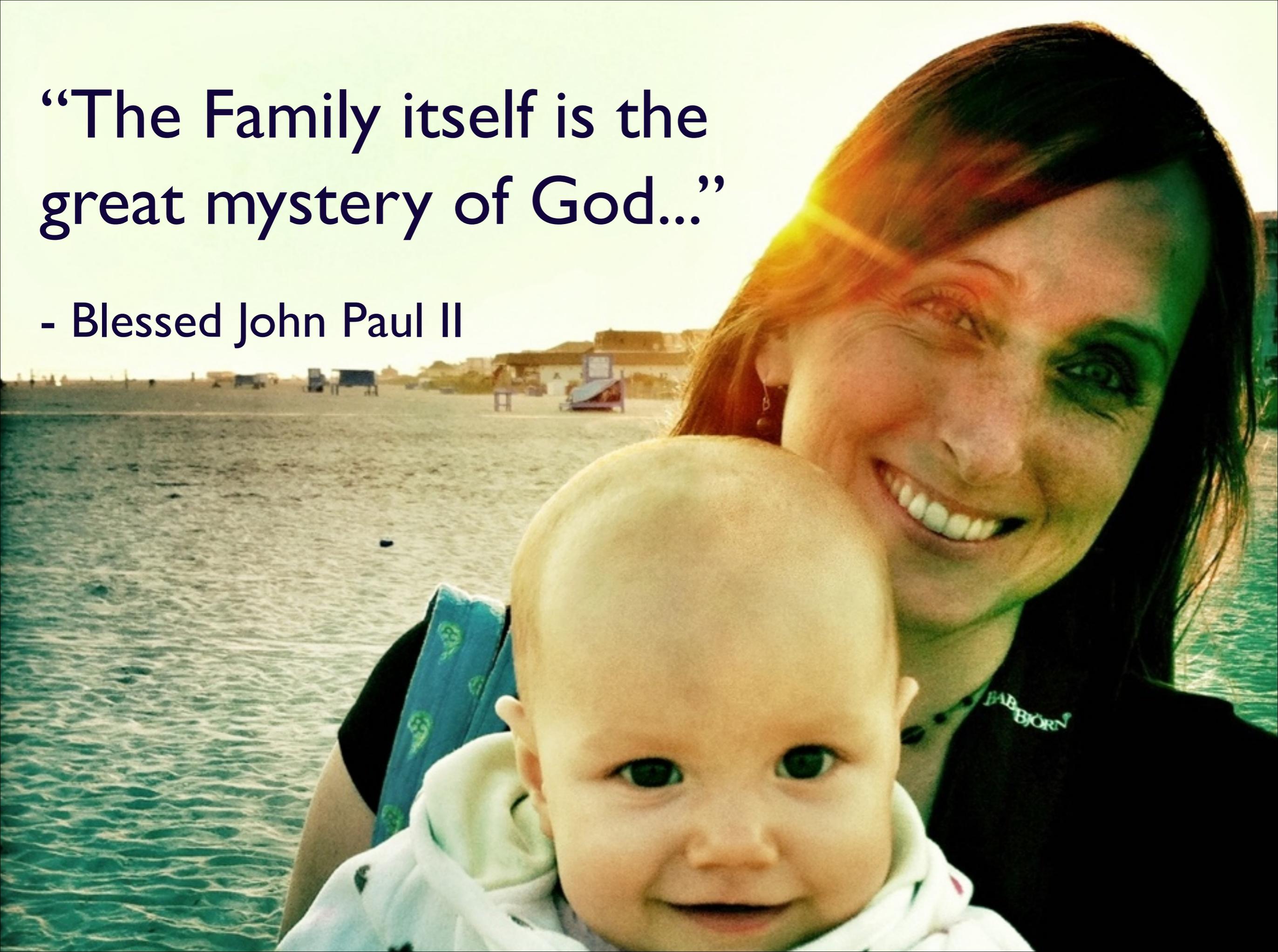
Made for Communion

God has revealed his innermost **secret**: God himself is an eternal exchange of love, Father, Son, and Holy Spirit, and **He has destined us to share in that exchange.**

- CCC, # 221

**“The Family itself is the
great mystery of God..”**

- Blessed John Paul II





Wonder

Teaching the Children

Gratitude

Service

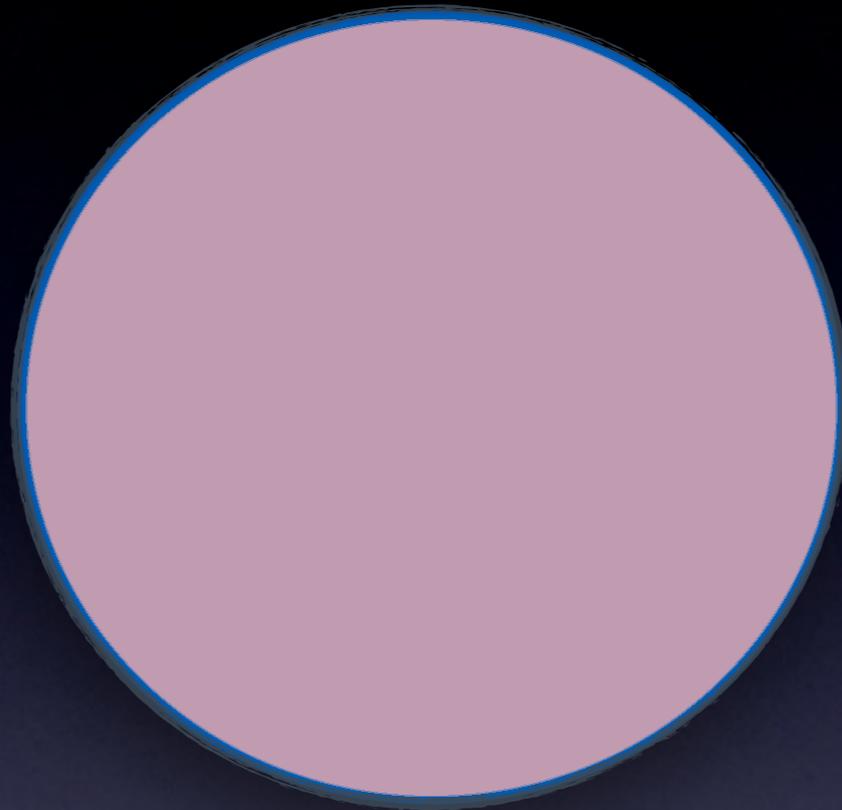
Reverence

Patience

Humility

Peace

Rediscovering the Art of the Circle



The “art of the circle” is our ability to leave our own opinions and agendas and enter into another’s heart, life, and experiences by true and authentic listening...



360

CNN

MEMPHIS, TN

Memphis International

CURRENT AIRPORT DELAYS

Ground Delays

GROUND DELAYS

:15 - :30

AS HAVE CAUSED AT LEAST 12 DEATHS, MORE THAN 100 C

MOXNEWS.COM

This Communion is the Mission!

“To contemplate the Face of Christ... with Mary,
is the program of the Third Millennium.

- Pope John Paul II

In the faces of the poor,
there we see the face of Christ.
- Archbishop Oscar Romero

The following photos were taken by Lee Jeffries,
who has recaptured the dignity and beauty of
homeless men and women from all over the world.
Visit his website at <http://leejeffries.500px.com>













Humanity, its dignity
and its balance, will
depend at every
moment and on every
place on the globe,
on who man is for
woman and who
woman is for man.

- Blessed John Paul II

God is a River

In the ever-shifting water of the river of this life I was swimming, seeking comfort; I was wrestling waves to find a boulder I could cling to, a stone to hold me fast, where I might let the fretful water of this river 'round me pass

And so I found an anchor, a blessed resting place. A trusty rock I called my savior, for there I would be safe, from the river and its dangers, and I proclaimed my rock divine. And I prayed to it “protect me” and the rock replied...

God is a river, not just a stone

God is a wild, raging rapids

And a slow, meandering flow

God is a deep and narrow passage

And a peaceful, sandy shoal

God is the river, swimmer

So let go

Still I clung to my rock tightly with conviction in my arms... Never looking at the stream to keep my mind from thoughts of harm... But the river kept on coming, kept on tugging at my legs ...Till at last my fingers faltered, and I was swept away

So I'm going with the flow now, these
relentless twists and
bends acclimating to the motion, and
a sense of being led and this river's
like my body now, it carries me along,
through the ever-changing scenes and
by the rocks that sing this song

God is a river, not just a stone

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And a peaceful, sandy shoal

God is the river, swimmer

So let go

Large Group Discussion

- What struck a chord in you from the song?
- What piece of the second reflection would you want to spend more time with?
- How can we better embody these elements of “encounter, communion, and mission” for the New Evangelization?

The Battlefield is Here

The history of mankind, the history of salvation, passes by way of the family...

The family is placed at the center of the great struggle between good and evil, between life and death, between love and all that is opposed to love.

- Pope John Paul II

The family is
“entrusted the
task of striving...
to unleash the
forces of good.”

- Blessed John Paul II,
Letter to Families, #23





How Can We Live The Mission?

“The sacraments infuse holiness into the terrain of man’s humanity: they penetrate the soul and body, the femininity and masculinity of the personal subject, with the power of holiness.”

- Blessed John Paul II,
TOB 117b:2

Living Our Mission as Men & Women

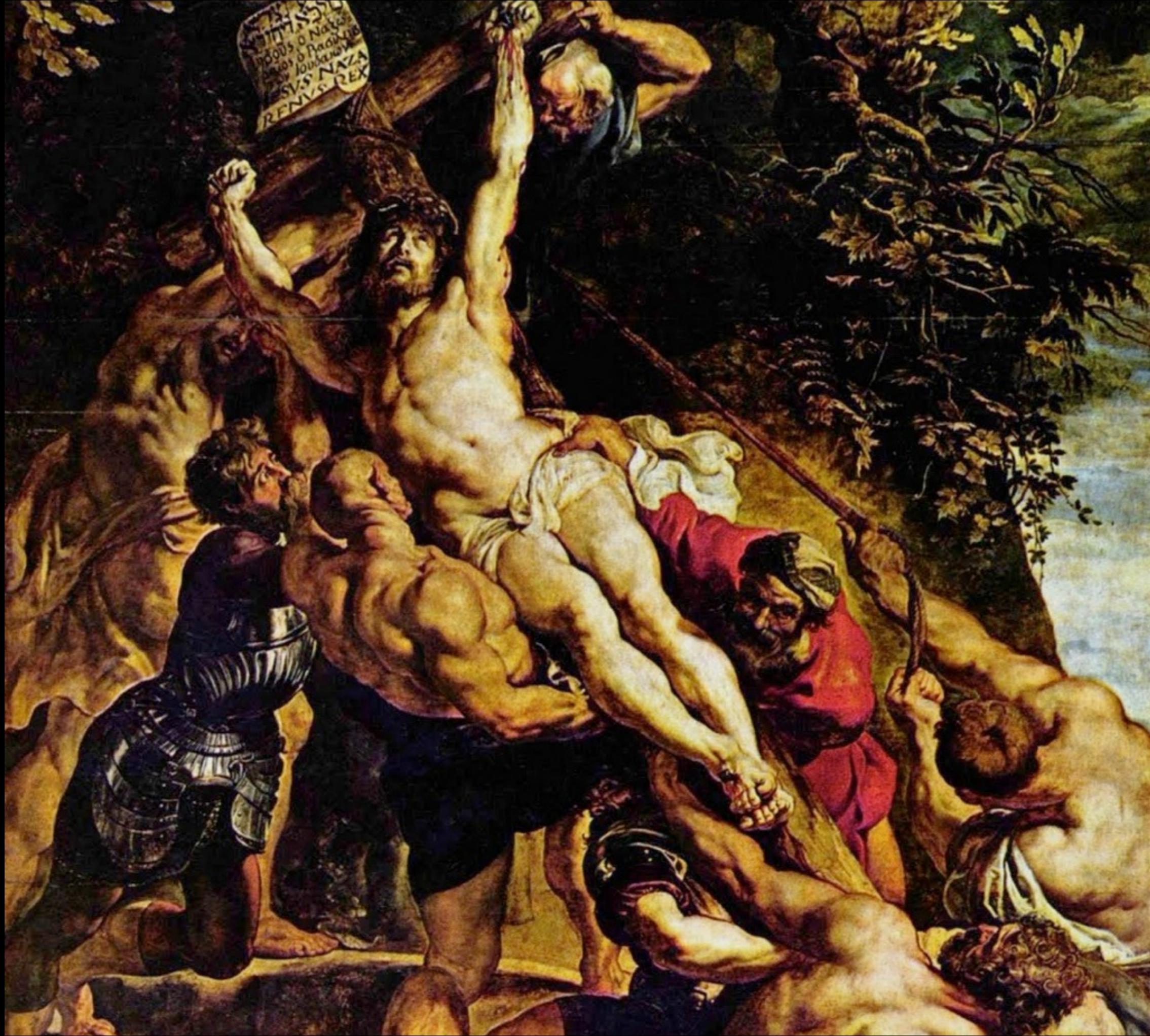
“This is My Body
given up for you.”

“Be it done unto me
according to your word.”



Sanctus Spiritus

Sanctus Spiritus



From this self-giving love,
all life, joy and peace flows!

Closing Prayer

Contact

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www.MissionMoment.org

www.TOBinstitute.org

Bill Donaghy

Facebook, Twitter, Linked In